



**Why become a member of our Patient Participation Group?
Other PPG members have highlighted the following reasons:**

- To make a difference
 - An interest in Health-related issues
- To offer shared practical help, for example; Flu vaccinations and Health Events
- Having energy and capacity to help your local Health and Social Care Initiatives
 - To give something back to the Practice / Community
 - To learn more about current developments in Health
 - To learn from and share good practice with other PPG members
 - To get involved in local Health Issues that matter to the Community
 - To discuss Health areas that you may be interested in

If you are interested please telephone Carol Huxtable on 01449 740254 at Bildeston Health Centre by 31.8.19!